

Cinnamon Roll Protein Smoothie

Serves 2

- 1 banana
- 2 scoops (50g) vanilla protein powder
- 1 tsp. cinnamon
- 1 cup (240ml) almond milk
- 1 cup of ice cubes

What you need to do

1. Place all ingredients into a blender and pulse until smooth. Serve.



GF	HP	V	Q	N						
					Prep	Cook	Kcal	Fats(g)	Carbs(g)	Protein(g)
					5 mins	0 mins	162	3	15	22

*Nutrition per serving

